

Architecture Embodiment  
is not what you think...



# Ivry, March 2016

## Architecture Embodiment project :

- 2 workshops of 4 hours (with 17 participants)
- + 1 performance of one hour for the public



5 tête **ETOILES**  
dans les  
FESTIVAL D'ARCHITECTURE

**12>26 MARS 2016** IVRY / SEINE  
CENTRE JEANNE HACHETTE  
1ERE EDITION : RENAUDIE / GAILHOUSTET - VILLE ET LOGEMENT

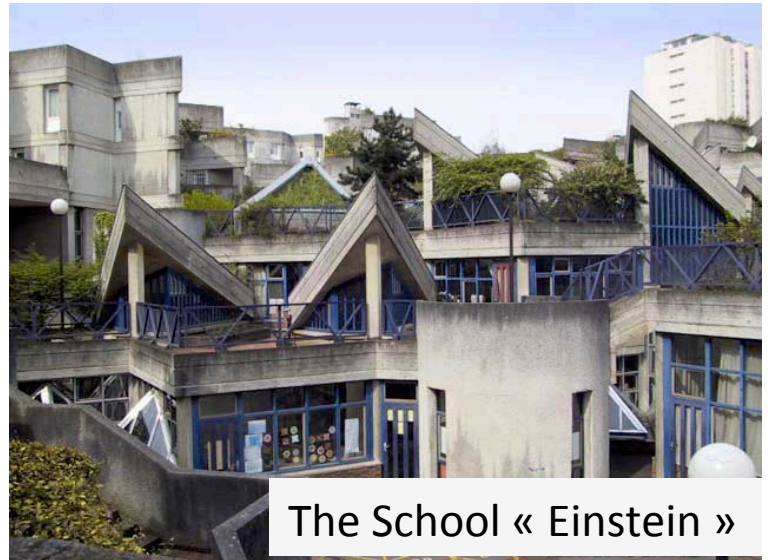
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# Goal of the festival : Promote the architecture of Ivry city center



The School « Einstein »



« Jeanne Hachette » building

Architect Jean Renaudie



**Before the performance....**



**the ability to change the focus ... ?**



# spaces to live in, living spaces

« Construction holds ; architecture moves. »  
Le Corbusier



***La Villa Savoye***  
*Poissy, France*  
*by Le Corbusier - 1932*

**« Architecture is judged by the eyes which see, by the head which turns, by the legs which walk. »**

Le Corbusier



**« I don't think that architecture is only about shelter. It should be able to excite you, to calm you, to make you think ».**

Zaha Hadid, architect

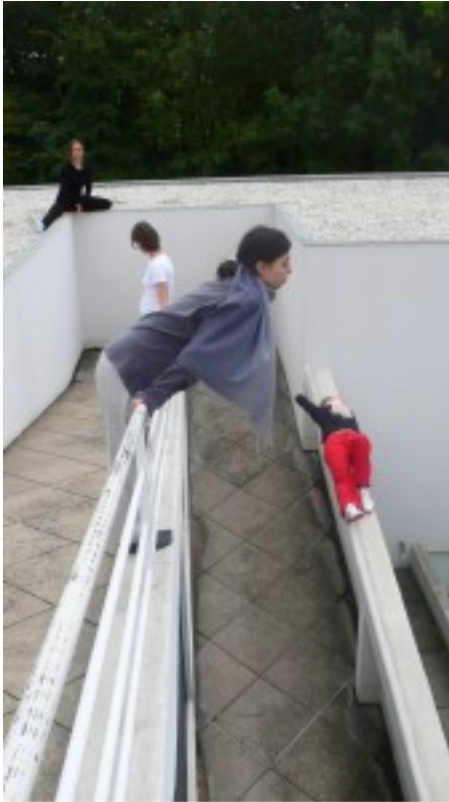
**«Any house is an awkward , mechanical, embarrassing and too much complicated imitation of the human body »**

Frank Lloyd Wright, architect

**« A man lives in his body as far as he occupies the space»**

Jacques Sedat, architect





Examples of theme for my workshops between 2005 and 2009 :

- **In & Out, layers of perception**
- **Verticality**
- **Time**



**« A ramp provides gradual ascent from the pilotis, creating totally different sensations than those felt when climbing stairs. A staircase separates one floor from another: a ramp links them together »** Le Corbusier

**« Rhythm is a game of time being held or allowed to flow » »** Benoît Lesage, dance therapist

# Dance & architecture

**« The human body is a symbolic agent who can deconstruct infinitely the codes, which means making sense unlesly »U. Galimberti, philosopher**



Trisha brown







# OVERVIEW OF THE PROJECT



## March 23rd, workshop 1 :

4h

- « Introduction and warming » (2h30min)
- Discovering « Les vagues d'Ivry » architects Laurent Charpin et Raphaële Perron (1998)- (40 min)
- Discovering Sphère lumière III, by Vladimir Skoda (2001) - (40 min)

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## March 26th, workshop 2:

3h30

- « Introduction and warming » in Jeanne Hachette Center – Architect Jean Renaudie
- Scripting of the spaces in Jeanne Hachette
- Discovering Le Parc des Cormailles (Agence TER - Grand Prix National du Paysage 2007)
- Discovering The Belvedere (Noonight)
- Oral Scripting of the whole performance before starting

## March 26th, Performance :

1h



## March 23rd, workshop 1 :

« Introduction and warming » in La place des bouleaux of Jeanne Hachette Center – Architect Jean Renaudie

2h30

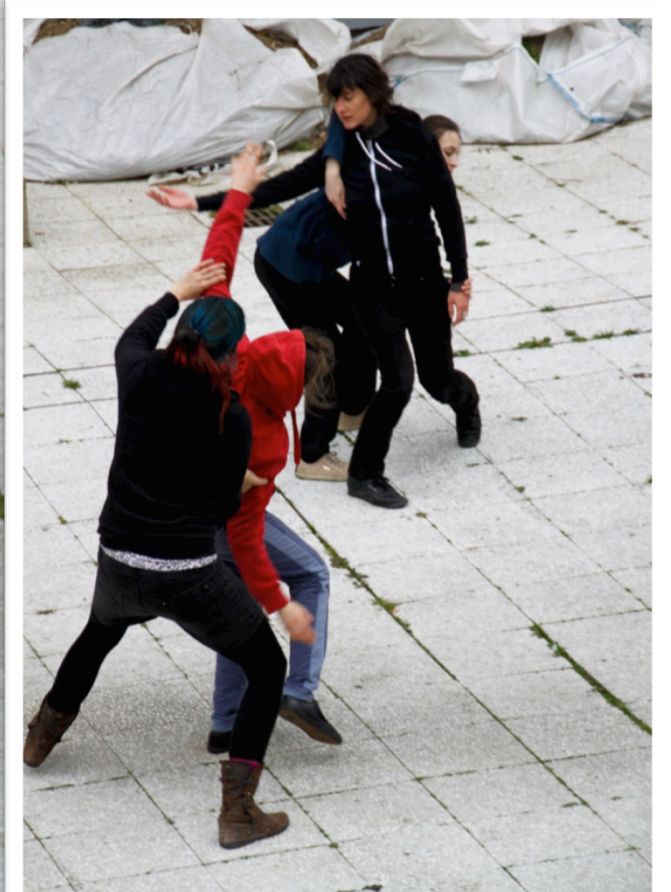


Warming in partner :

- Awaken proprioceptive awareness and trust – balance mobility and stability
- Find the ground to sense and feel with comfort
- Building the group confidence
- Sense the wind, the noises, the different materials, the distances with one partner eyes closed
- Sense the silence, and the empty spaces as contrast
- Sense your own ground and your own body



How the perception the partner support your perception ?





Then go by yourself to discover this (strange) place, maybe keeping one question : **How my intimate world resonante with what I am sensing ?**  
**Let your mental, emotional, physical & energetic bodies react freely.**





## Discovering « Les vagues d'Ivry » How shapes can be a support to imagination ?

- A colorful concrete that attracts, that brings strengt by playful resistance
- Feeling the fantomatic presence ?
- Perception of time, of effort, climbing the waves
- Imagination comes in : the wok, the acropole, Le radeau de la méduse...



40  
min





During the performance...





## Discovering Sphère lumière III, by Vladimir Skoda (2001)

- **How do you feel your weight ? How do you feel your balance ?**
- How do you feel time ?
- Where do you feel attraction /repulsion ?
- How if you are alone, How if you are in a group ?

40  
min





## March 26th, worshop 2: Warming

### Changing point of view :

- How fast can you change your point of view ? How do you adapt/ respond to what you perceive ?
- How far goes your percetion ? How close ?
- What happen to your body ? How you resonate ?



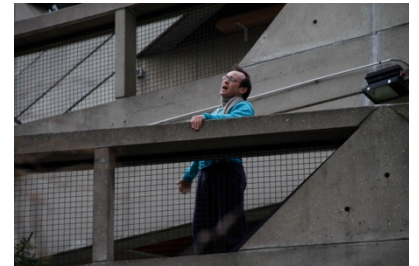


## March 26th, worshop 2: Scripting

> **The neighbour misunderstandings, the building vitality**

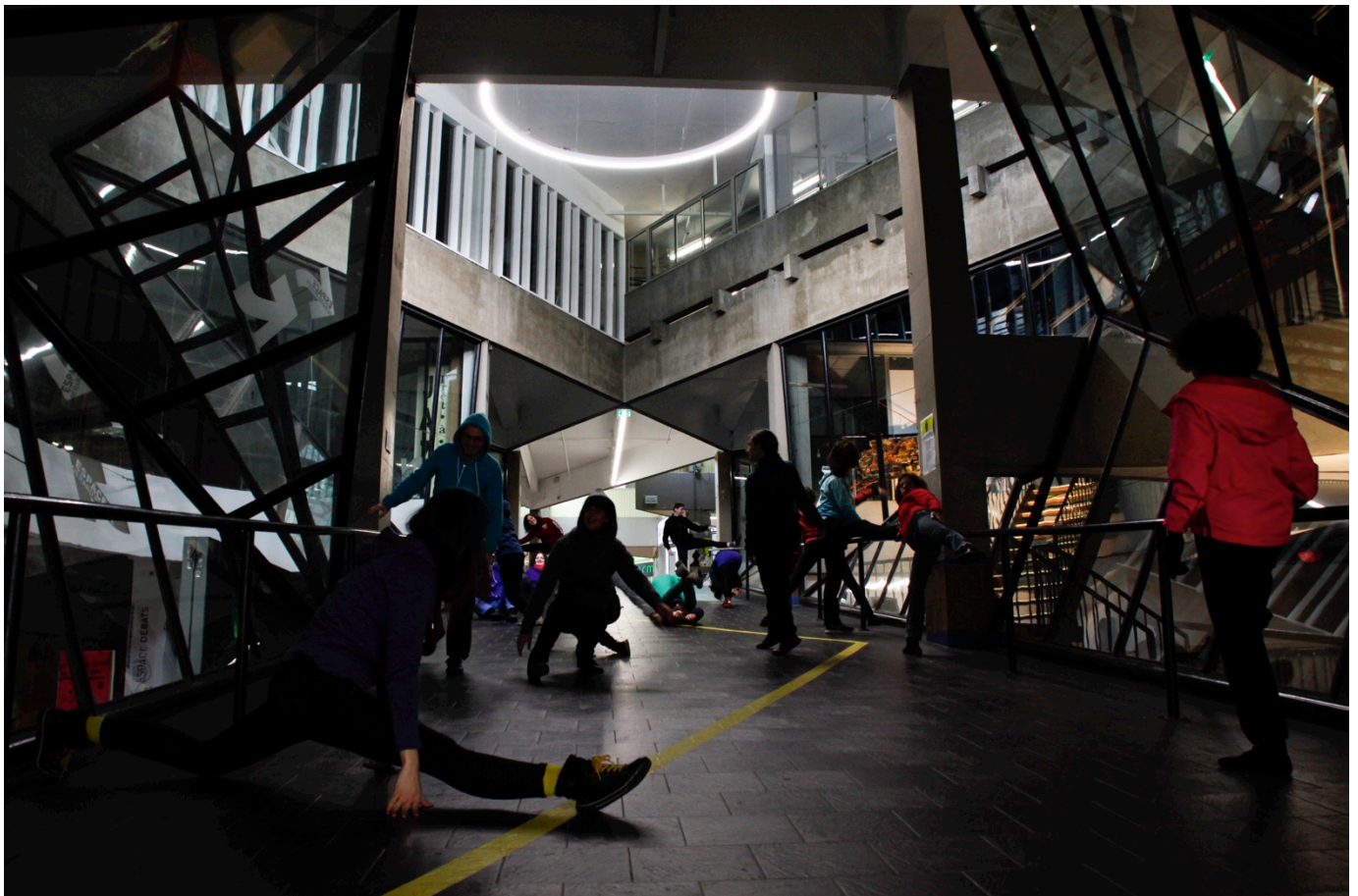
Appearance – disappearance

Breathing (rhythm) and vocalization (distance)



> **Climbing the ramp, stepping back with faith**

Choice of music : Scared by Meredith Monk





> **The no way back corridor**  
Connecting with light and  
wind / Let's be transformed...



> **The trap : unending climbing**



> **The flies, the birds, and the antique statues...**





> Quickly finding a script  
in les vagues d'Ivry :

1. The tree
2. The wok
3. The acropole
4. Changing Body State
5. Radeau de la meduse



> And then discovering the way to the Parc des Cormailles  
The vitality of the bushes, and their silently noisy presence  
The changing of landscape and of container





➤ **Personal Research :**

In groups of three, go to explore the Parc and share your insights





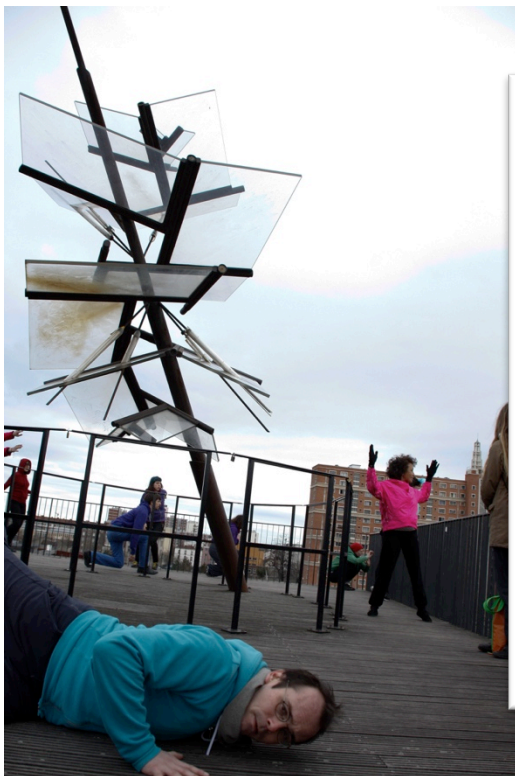
**During the performance - The dancers whisperings :**  
Sharing their insights about the urbanism of the parc  
(emotion, thoughts, understandings...)





> **Discovering the BELVEDERE of Parc des Cormailles**  
*Noonight – Night illoominating Night, 2002-2007. N.Bindzus & H. Trülzsch*

- Perception of sounds
- Find an inner ground
- Find a motor response





**THANK YOU BMC !**



BMC PRACTIONNER FINAL PROJECT – Aurélie Delarue